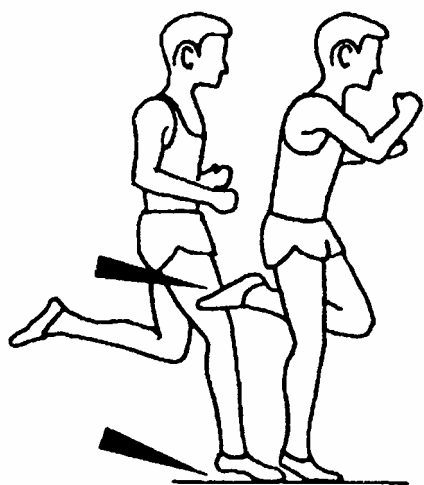
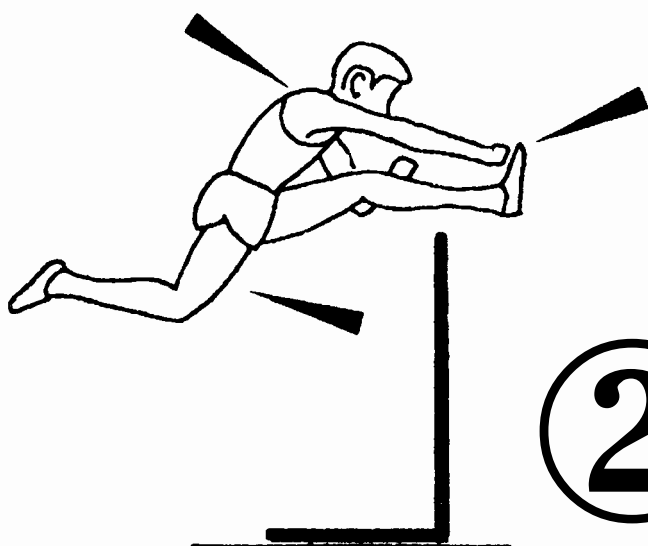
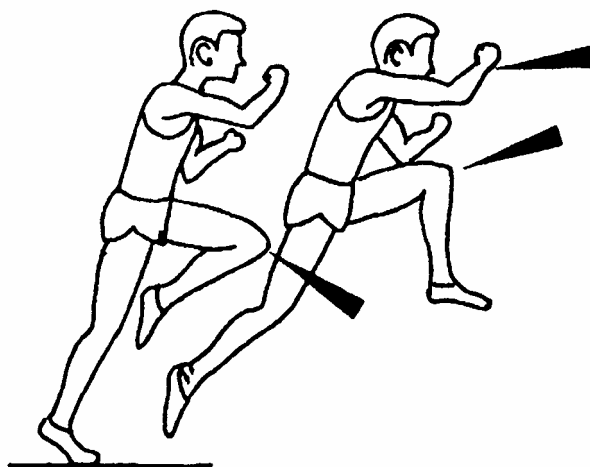


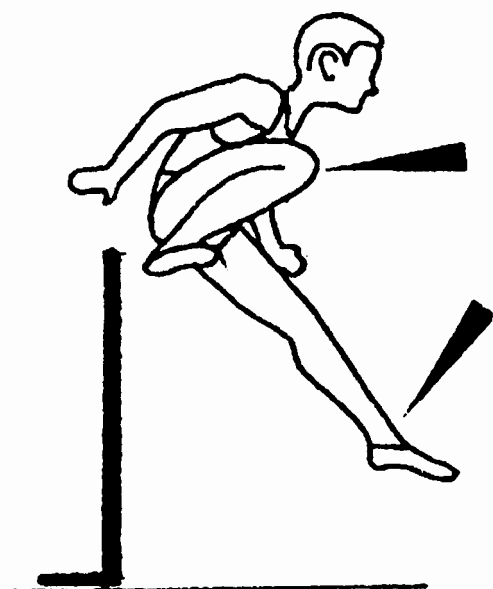
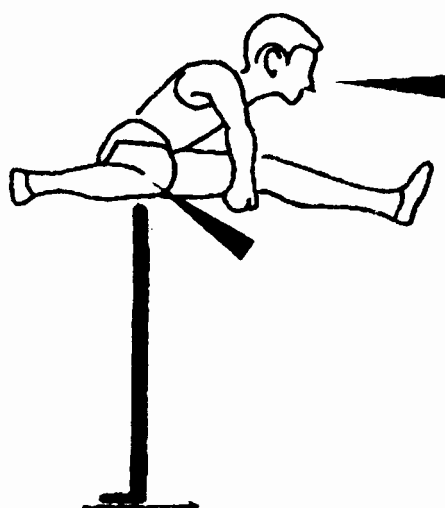
Hürdenlauf – Phasenstruktur



①



②



③

